

**ARE YOU READY TO**

**SHOW UP**

**AND SHAPE YOUR FUTURE?**

# Athletics Panel

**Michael Parnell**  
Athletic Director

**Suzy Venet**  
Associate Athletic Director

**Kelly Gaughan**  
Head Athletic Trainer

**Michael Gregg**  
Student-Athlete Case Manager

**David Jenkerson**  
Strength and Conditioning

**Katie Seidel**  
Assistant Director for Athletic Recruitment

**Casey Kropka**  
Assistant Sports Information Director

# Message from the Athletic Director

PROVIDE STUDENT-ATHLETES WITH THE GUIDANCE AND DEVELOPMENT

1. Do well academically and graduate highly employable.
2. Have competitive success, succeeding in the Ohio Athletic Conference and nationally in the NCAA postseason.
3. Be prepared and healthy, both physically and mentally.
4. Build relationships and a sense of belonging with team, coaches, and others at UMU.
5. Have exposure to the broader world through travel and personal interactions.

# Eligibility - Compliance - NIL

- **Academic Eligibility**

1. Full-Time = 12 hours
2. Good Academic Standing = GPA
  - 1.6 after 2 semesters regardless of credits attempted
  - 1.75 when attempted 31-47 credits
  - 1.9 when attempted 48-63 credits
  - 2.0 when attempted 64 or more credits
3. Satisfactory Progress = pass 24 credits every 2 semesters

- **Athletic Eligibility = 4 seasons of participation; 10 Full-time semesters**

\*\*IF YOU PRACTICE AFTER THE FIRST COMPETITION = USED A SEASON OF PARTICIPATION IN D3 REGARDLESS IF YOU PLAY IN A GAME. NO REDSHIRT AT D3.

Can apply for a Medical Hardship waiver, but must meet the parameters for a season-ending injury, < 1/3 competitions, first half of season

# Eligibility - Compliance - NIL

- **NCAA ID # Mandatory; Compliance meeting and forms – August 1**
- **Name, Image, Likeness (NIL)**
  - \*Opendorse Partnership

# SAAC

- Facilitate communication between student-athletes and athletics administration.
- Share information and gather feedback on department policies and issues.
- Represent student-athlete interests in campus, conference, and NCAA matters.
- Foster community within athletics and promote a positive image.
- Lead community service efforts in Alliance and participate in campus-wide service initiatives.



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# Athletic Training

- **The Athletic Training Room is located on the first floor of the McPherson Athletic and Academic Complex (also known as the MAAC)**
- **Athletics paperwork is due July 1**
  - UMU Participation Release
  - Sportsware
  - ADD/ADHD Banned Medication Exemption
  - ImPACT Testing
  - Sickle Cell Testing
- **General AT information**
  - Banned substances
  - Injuries
  - Health Center/referrals

# Student Athlete Case Management

- Serves as liaison between student athletes and the campus community
- Focus is to equip student athletes with the tools needed to succeed academically
- Collaboration between: Student Affairs, Student Success, Student Conduct, etc.
- Students can be referred by their professor, coach, or staff member
- Located in the MAAC

# Strength & Conditioning

- **Philosophy**
  - Ground Based Movements
  - Multi-Joint Movements
  - Explosive Movements
  - Periodization
  - Sport Specific Speed and Conditioning
- **Lifting Schedule**
  - Based on class, practice, and game schedules
  - Meet with Head Sport Coaches to schedule in-season and off-season schedules
- **Facilities**
  - Gulling Training Center
- **Nutrition**
  - Education – Discuss proper nutrition and needs
  - Work with Exercise Science Nutrition to develop further individual needs

# Sports Information

- Fans can secure tickets ahead of the game or on-site through Hometown Tickets
- Mount Union students can attend all Mount Union athletic events for free
- OAC Media Partnership with Flo Sports
- Game schedules can be accessed via [athletics.mountunion.edu](http://athletics.mountunion.edu)
- **Team Shop**
  - BSN Sports: [sideline.bsnsports.com](http://sideline.bsnsports.com)
  - Mount Union Spirit Shop: Online and in-person
- **Social Media Channels**
  - Facebook: [@MountUnionPurpleRaiders](https://www.facebook.com/MountUnionPurpleRaiders)
  - X: [@purpleraiders](https://twitter.com/purpleraiders)
  - Instagram: [@purpleraiders](https://www.instagram.com/purpleraiders)
  - YouTube: [@universityofmountunion](https://www.youtube.com/universityofmountunion)

# Important Dates

- **Football Report Date**
  - Sunday, August 9
  - Monday, August 10
  - Tuesday, August 11
- **Men's and Women's Soccer, Men's and Women's Cross Country, and Women's Volleyball**
  - August 16
  - Coaches will communicate move-in instructions along with your student's admission counselor, Katie Seidel

# New Student and Family Programming Reminders

- **Fall Orientation**
  - August 21 – 23
- **First day of classes**
  - Monday, August 24
- **Week of Welcome**
  - Schedule will be shared with your student
  - August 24 – August 29
- **Alumni Weekend**
  - October 9 – October 10

# Final Reminders

- Students should check their UMU email a few times a week
- From now through August, students and parents will receive the weekly New Raider News email newsletter with updates and next steps to begin classes
- Outlook is our email provider
- Colleague Self-Service is where bills and class schedules can be accessed
- Textbooks are free for all students through eCampus
- The Academic Calendar and other important dates can be accessed on the Mount Union website: [mountunion.edu/university-registrar](https://mountunion.edu/university-registrar)

QUESTIONS?



THANK YOU

Scan the QR code for the presentation and links to additional resources: